

1st September 2026

PARENTING NEWSLETTER

VOL. 2 SEPTEMBER EDITION

DEAR PARENTS,

A few days ago on 29th August, as we watched our students take the stage during the cultural concert, we witnessed something special. Some sang. Some danced. Some acted. Some spoke with confidence. Others played instruments, worked behind the scenes, or came together as part of a team.

For a few minutes, the report card took a back seat. And we were reminded of something important: every child has strengths, but not every strength is discovered in the classroom.

Sometimes, the child who is quiet in class finds confidence on the stage. The child who struggles to sit with a textbook for long hours may show remarkable focus while learning an instrument. Another may discover leadership while organising a team, creativity through art, or confidence through public speaking.

Our responsibility as parents and educators is not to decide where a child should shine. It is to give them enough opportunities to discover it for themselves.

Confidence often grows after children are given the opportunity to try.

This is why participation can sometimes be more valuable than perfection.



Music, dance, theatre, art, sports and other activities are often seen as an “extra” alongside academics. However, these experiences can contribute to important aspects of a child's development.

When a child prepares for a performance, they are learning much more than the steps of a dance or the words of a dialogue. They may be learning to:

- practise patiently
- work with others
- manage nervousness
- accept mistakes
- perform despite self-doubt
- take responsibility
- appreciate the efforts of others

The applause may last for a few moments, but the learning can stay much longer.

HOW CAN PARENTS HELP CHILDREN DISCOVER THEIR STRENGTHS?

1. Notice what brings your child alive

Pay attention to the activities during which your child seems deeply interested, curious or engaged.

Instead of asking only,

“What marks did you get?”

Try asking,

“What did you enjoy doing today?”

2. Give opportunities, but avoid pressure

Encourage your child to try different activities—but remember that not every interest needs to become a competition or a career.

Sometimes, an activity can simply be something a child enjoys.

3. Appreciate effort, not just talent

Instead of saying, “You are such a talented dancer,” try:

“I could see how much effort you put into practising.”

This teaches children that growth comes through practice and patience.

4. Let children make mistakes

A forgotten line, a wrong note or a missed step can feel like a disaster to a child.

Instead of immediately criticising or rescuing them, help them understand:

“It didn't go exactly as planned, but you still completed it. What would you like to do differently next time?”

Mistakes can become part of the learning.

5. Avoid comparisons

Not every child will stand in the spotlight—and that does not mean they have less to offer.

The goal is not to make every child the same.

The goal is to help every child discover their own strengths.



Remember:

Every child may not shine in the same way—but every child deserves the chance to discover where they do.

Because sometimes, all a child needs is an opportunity—and someone who believes they can step onto their stage.

